

Fall Power Skating

Bruno will also be teaching
Power skating this winter 2024.

To register for all skating programs check it out
online at: www.skatecoquitlam.com

Coquitlam Skating Club Contact Info:
(www.skatecoquitlam.com)

Registrar e-mail:
info@skatecoquitlam.com

Bruno Delmaestro:
powerskating@skatecoquitlam.com

The Coquitlam Skating Club is a proud
member of Skate Canada



Spring 2024 Coquitlam Skating Club



Pre-Power Skating Program April-June

Designed by

Bruno Delmaestro
for

Hockey Players
6 years and up

The Coquitlam Skating Club will be offering a pre-power skating lessons for 6 years and up. Players must be able to skate forward and backwards on their own and stop on command. Otherwise they should be in the Canskate program. This session will run on the ice with the Coquitlam Skating Club Canskate Skate program. Players will enter from the players box closet to the Zamboni entrance, and train from the Zamboni entrance to almost the blue line. **Players must wear full hockey gear. Hockey Stick is not needed for this program.**

Lessons will take place at the **Poirier Sports and Leisure Complex** in **Rink 3** located at 633 Poirier St, Coquitlam, BC.

Level: Pre-Power Tuesday

Tuesday 6:00-7:00PM
Dates: April 23-June 18, 2024
Number of Classes: 9
Total Cost of program: \$270.00
Spots are limited
Plus a Skate Canada BC/YK Fee of \$58.65

Level: Pre-Power Thursday

Thursday 6:00-7:00PM
Dates: April 25-June 20, 2024
Number of Classes: 9
Total Program Cost: \$270.00
Spots are limited
Plus a Skate Canada BC/YK Fee of \$58.65

The Skate Canada Fee is paid annually once from Sept 1, 2023 to Aug 31, 2024 and must be included with your program.

Pre -Power Skating Registration Information and Payment for Spring 2024

Registration and payment will be done online through the skating club Uplifter program.

1. Go to "register now" from CSC website www.skatecoquitlam.com
2. Click "LOGIN" (upper right corner)
3. Follow steps to create an account.
4. Add participant(s) - your child's name.
5. Now you're ready to register. Click Power Skating tab and choose your sessions. Payments can be made in installments on uplifter.

For any other information on registration on uplifter contact:

info@skatecoquitlam.com

The Program Director

Bruno Delmaestro has a strong background in skating, having been a three-time Italian National Figure Skating Champion, European and World Competitor, and a hockey player. He has been able to transfer this success to his coaching and has been training hockey players, figure skaters and coaches for the past 39 years. He has developed his own theory and methods for teaching hockey, ringette, and figure skaters. He is NCCP Level 4 certified in figure skating, and Level 2 in Hockey

Bruno has worked with many different minor hockey associations who have used his skating programs. Some of the players he has trained have played junior level hockey in Canada and received university hockey scholarships. For the past 6 years, Bruno has trained Connor Bedard, the 2023 #1 draft pick in the NHL. Recently, players he has coached have been selected to play on Team Canada, NHL, WHL, BCHL. In 1999, 2001 and 2006 he was selected as the Competitive Coach of the Year by the British Columbia and Yukon Section of Skate Canada.