

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:00-8:30am Cheapskate1 (Poirier)		7:00-8:30am Cheapskate 2 (Poirier)		7:00-8:30am Cheapskate 3 (Poirier)	
2:30-3:30pm FS Competitive	2:15-3:15pm FS Competitive	2:30-3:30pm FS Competitive	2:15-3:15pm FS Competitive	2:30-3:45pm FS Competitive	7:15-8:15am FS Junior (Rec Rink-Poirier)
3:30-4:30pm FS 4:30-4:45pm SD Junior	3:30-4:30pm FS Intermediate	\$5.00 BUY-ON OPEN FS 3:30-4:15pm	3:30-4:30pm FS Junior	\$5.00 BUY-ON OPEN FS 3:45-4:30pm	8:30-9:30am FS Intermediate (Rec Rink - Poirier)
Assistant CanSkate Coaches' Training 4:45-5:30pm		4:30-4:45pm SD 4:45-5:45pm FS Junior	4:45-5:45pm FS 5:45-6:00pm SD Senior	4:45-5:45pm FS Senior	9:45-10:45am FS Senior (Rec Rink - Poirier)
5:45-6:45pm FS 6:45-7:15pm SD Intermediate	6:30-7:30pm FS 7:30-7:45pm SD Senior	6:00-7:00pm FS 7:00-7:15pm SD Senior	6:15-6:30pm SD 6:30-7:30pm FS Intermediate	6:00-7:00pm FS Junior	11:00am-12:30pm OPEN HOUSE Early Figure Skating Academy
6:45-7:15pm SD 7:30-8:30pm FS Senior	8:00pm-8:45pm FS Junior	7:00-7:15pm SD 7:30-8:30pm FS Intermediate	7:45-8:45pm Junior Dance	7:15-8:15pm FS Intermediate	AUDITIONS & OPEN SKATE (Rec Rink - Poirier)
8:45-9:45pm FS Adult/Teen Open	8:45pm-9:45pm Open Dance	8:45-10:15pm Adult Synchro	8:45-9:45pm Senior Dance		
Session Qualifications:					
Junior: Elementary to Preliminary Freeskate Intermediate: passed Junior Bronze Freeskate Senior: passed Pre-Novice/Sr. Silver Freeskate (before Sept. 2010) Competitive: passed Juvenile/Junior Silver Freeskate Junior Dance: Preliminary - Junior Silver Dances Senior Dance: Senior Silver - Diamond Dances			Abbreviations Used: FS = Freeskate SD = Skill Development <u>Includes:</u> stroking, spin patch, field moves, enhancement, edges & turns		

Coquitlam Skating Club -- 2011-2012 Fall/Winter Schedule

****MODIFIED**

Planet Ice #1 Coquitlam (September 6, 2011 - September 15, 2011)

****PLEASE NOTE: Ice will be at Poirier Sport & Leisure Complex (Rec Rink) for morning sessions & Saturday, September 10, 2011.**