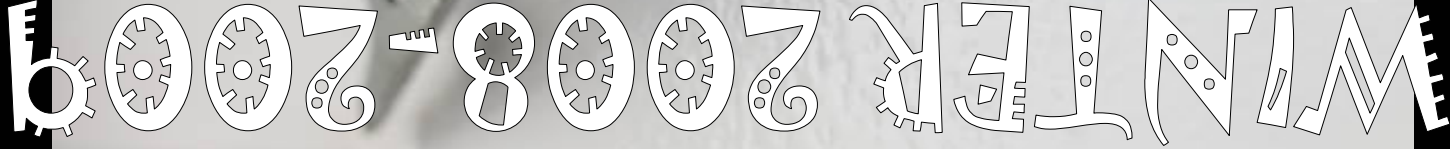


Skating Calendar of Events 2008-2009 (dates subject to change)

In-Club Registration Deadline _____ Sept 2
 First Day of Skating: Junior, Intermediate and Senior & Dance Sessions _____ Sept 2
 Open Session (3:45-4:30pm) instead of Early Figure Skating _____ Sept 3
 Open Session (3:45-4:30pm) _____ Sept 5
 Open Session (11:30-1:00pm) _____ Sept 6
 Open Session (3:45-4:30pm) _____ Sept 8
 Assistant Canskate Coach Training (6:00-6:45 pm) _____ Sept 10
 Skate Sale/Open House (10:00-1:00pm) Bring a Friend _____ Sept 13
 Early Figure Auditions (11:30-1:00pm) _____ Sept 13
 CanSkate 1 & Pre-PowerSkate Starts _____ Sept 17
 Early Figure Skating Program Starts _____ Sept 17
 Simulations (4:45-8:15pm) Senior, Junior & Int. Sessions Cancelled _____ Oct 10
 Sask Skate (Saskatoon, SA) _____ Oct 10-12
 Thanksgiving (NO SKATING) _____ Oct 13
 Autumn Leaves Competition (Kamloops, BC) _____ Oct 17-19
 BC Coast Regionals Competition (Surrey, BC) _____ Oct 24-26
 Island Regional Adult Competition (Victoria) _____ Oct 24-26
 Simulations (4:45-7:15pm) Senior & Intermediate Sessions Cancelled _____ Oct 30
 Halloween (No Skating after 5:45pm) _____ Oct 31
 Remembrance Day (NO REGULAR SKATING SESSIONS). _____ Nov 11
 BC/YT Sectional Championships (Nanaimo, BC) _____ Nov 11-16
 Simulations (4:30-6:00pm) Junior Session Cancelled _____ Nov 19
 Jingle Blades Competition (White Rock, BC) _____ Nov 28-30
 Western Canadian Challenge (Mississauga, ON) _____ Dec 4-7
 Christmas Party (6-8:15pm) _____ Dec 19
 Last Day of Skating before Christmas _____ Dec 19
 Skating Resumes from Christmas Break _____ Jan 5
 Canskate 2 Starts _____ Jan 5
 Canadian National Championships (Saskatoon, SK) _____ Jan 14-18
 BC Open Synchro Competition (Mt. Boucherie, BC) _____ Jan 17-18
 Lynn Heatherington Adult Competition (Campbell River) _____ Jan 30-Feb 1
 Junior Nationals (Calgary, AB) _____ Feb 11-14
 Opopogo Competition (Penticton, BC) _____ Feb 13-15
 Pacific Star Skate _____ Mar 5-8
 Spring Fling Competition (Vancouver) _____ Mar 13-15
 Early Figure Skating Performance Day _____ Mar 11
 Last Day of Skating for all programs _____ Mar 13
 Adult Nationals (TBA) _____ Apr 1-5



COQUITLAM SKATING CLUB



- **Early Figure Skating Academy**
- **Competitive Skate Junior, Intermediate and Senior)**
- **Dance**
- **Adult Skating**

September 2, 2008-March 13, 2009
Member Registration Deadline: Sept 2
Out of Club Deadline Sept 20

Members register by September 2nd and receive a
3% discount on program fees.



Session Qualifications

Early Figure Skating Academy: Entrance to the program is by invitation or audition (see more information on auditions in the brochure). The Early Figure Skating Academy provides young skaters the opportunity to jumpstart their figure skating by teaching them skating skills in a figure skating environment. Divided into three levels, this program teaches children skating fundamentals including edges, turns, stops, spins and jumps. Instructed entirely by our NCCP certified professional coaches, skaters will receive both group lessons and individual attention during practice time. Skaters will also be given their own program set to music. Upon completion of the third level of the program, skaters will be able to spin in two different positions, perform at least two single rotation jumps, and be ready to enter the Skate Canada Star Skate Program (if they haven't already started).

Junior: These sessions are for skaters in the Early Figure Skating Academy program and those working on their first free skate, skills, and dance tests (Preliminary level). Except where indicated (see registration form for details), the session cost is for ice only. Skaters must arrange lessons with the professional coach of their choice prior to booking ice with the club. For more details on how purchasing ice/arranging lessons with a coach and other information, please see our website at www.skatecoquitlam.com or the Club Handbook. Skaters at this level are eligible to register for all Junior, Open and Junior Dance sessions.

Intermediate: These sessions are for those skaters who have passed the Junior Bronze Free skate test.

Senior: These sessions are for those skaters who have passed the Pre-Novice Competitive or Jr. Silver Free skate Test prior to September 2007 and up.

Competitive Sessions: Skaters must have passed at least the Juvenile Competitive Freeskate Test.

Junior Dance: for those skaters up to the Junior Silver Dance Level

Senior Dance: for those skaters who have passed their Junior Silver Level Dances.

Off-Ice Conditioning Classes: An integral part of any skating program. Junior and Senior off-ice classes will be conducted by Sheri Delimaestro. If you are interested in participating in these classes, please contact Sheri at (604) 461-5171.

Coquitlam Skating Club Coaches

Heather Austman	(604) 942-7335	Kelly-Lynn Champagne	(604) 990-4006
Bruno Delimaestro	(604) 461-5171	Zdenek Pazdirek	(604) 945-0054
Eileen Murphy	(604) 985-9677	Rod Mackie (dance)	(604) 299-4164
Sheri Delimaestro (Off-Ice)	(604) 461-5171		

Freelance Coaches

Freelance coaches are welcome to coach on any of our Open, Competitive and Dance sessions. Interested coaches should contact Kim Horobec at (604) 942-5746 and provide the club with the following documentation: NCCP, First Aid, Proof of registration with Skate Canada.

Dance Freelance

Graham Casey	(604) 946-1717
David Gibson	(604) 594 -3363
Rob Woodley	(604) 626-1378

Choreography/ Freeskate Freelance

Karen DesLauriers	(604) 594-2980
Karena Pazdirek	(604) 945-0054

Registration and Fee Information for all programs.

Deadline for In-Club Registration is September 2nd, 2008. Deadline for Out of Club Registration is September 30th, 2008 Registrations may be dropped off at the Annex Arena until August 19, 2006 at 9:00am. Please do not leave cash. After that they must be mailed directly to the registrar. Registrations that are left at the arena after August 19, 2006 at 9:00am will not be processed until September and deadline discounts will not apply. Registrations that are in the hands of the registrar by 6:00pm on September 2nd, 2008 will receive a 3% discount on their program fees. Please note that changes to schedules will be permitted until Saturday, September 13, but initial registration materials **MUST** be received by the deadline to qualify for the program fee discount.

• Fees will not be pro-rated until after October 15, 2008 and will be done on a monthly basis.

• Skaters wishing to **SKATE UP OR DOWN** on sessions must make a written application to the Board of Directors indicating the sessions being requested. All requests must also be accompanied by a letter of support from the skater's coach. Requests will be considered by the Board and Club Coaching Staff at the **Monday, September 8, 2008** meeting and applicants will be notified by the Club Registrar regarding their status. Decisions of the Board will apply to the Winter 2008-2009 Season only. Skaters are reminded that they may only apply to skate up or down one TEST level.

• All skaters must be registered with Skate Canada for the 2008-2009 skating year and include \$30.00 with their registration (unless paid to another Skate Canada Club).

• All families of skaters in the Early Figure Skating Academy, Junior, Intermediate, Senior, and Adult Skate programs must also include a completed Volunteer Registration form with their registration or their registrations will not be processed.

• Members Handbook & Ethics Forms: A new Member's Handbook is available on our club website at www.skatecoquitlam.com. The handbook contains detailed program information and club policies. The Skater and Parent Code of Ethics Form will be distributed for agreement, signature and return to the club, to all skaters at the Early Figure Skating Level and above early in September.

• REGISTRAR : Mrs Sherri Ellsworth
20787 River Road
Maple Ridge, BC
V2X 1Z8
Email: info@skatecoquitlam.com