

Coquitlam Skating Club

Spring 2012 at Poirier Curling Rink

Mon Apr 9 - Sat Jun 23, 2012



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:00-8:30am Open 1	7:00-8:30am Open 2	7:00-8:30am Intermediate / Senior	7:00-8:30am Open 4	7:00-8:30am Open 5	6:00-7:00am Power Skating
2:30-3:30pm FS Competitive	2:15-3:15pm FS Competitive	2:30-3:30pm FS Competitive	2:15-3:15pm FS Competitive	2:30-3:30pm FS Competitive	7:15-8:15am FS Junior
3:30-4:30pm FS 4:30-4:45pm SD Junior	3:30-4:30pm FS 4:30-4:45 SD Intermediate	3:30-4:30pm FS Junior	3:30-4:30pm FS Junior	3:30-4:15pm CanSkate	8:30-9:30am FS Intermediate
4:45-5:30pm CanSkate	5:00-6:00 FS 6:00-6:15pm SD Senior		4:45-5:45pm FS 5:45-6:00 SD Senior	4:15-5:00pm Early Fig	9:45-10:45am FS Senior
5:45-6:45pm FS 6:45-7:15pm SD Intermediate	6:15-7:00pm Early Fig		6:15-6:30pm SD 6:30-7:30 FS Intermediate	5:15-6:15 FS Senior	
6:45-7:15pm SD 7:30-8:30pm FS Senior	7:15-8:15pm FS 8:15-8:30 SD Junior		7:45-8:45pm Junior Dance	6:30-7:30pm FS 7:30-7:45 SD Junior	
8:45-9:00pm SD 9:00-10:00 FS Teen/Adult Open	8:30-9:45pm Open Dance	9:00-10:30pm Adult Synchro	8:45-9:45pm Senior Dance	8:00-9:00pm FS Intermediate	3:45-5:00pm Open 6
Session Qualifications Open - Junior (min Performance Program) and up Competitive - passed Juvenile / Junior Silver Freeskate Junior - Preliminary and under Intermediate - Passed Junior Bronze Freeskate Senior - Passed Pre Novice / Senior Silver Freeskate Junior Dance - Preliminary to Junior Silver Dance Senior Dance - Senior Silver Dance and up			FS - Freeskate SD - Skill Development - includes stroking, spin patch, field moves, edges and turns, and enhancement		