

OUR CANSKATE PROFESSIONAL COACHES



Heather Austman 604 942 7335 laustman@shaw.ca

A passion for working with children and seeing them progress, keeps Heather, an organized, reliable and hardworking skating coach for more than 30 years, motivated. Her goal is to instill a love of figure skating in her skaters, just as her coaches did when she first put on figure skates at the age of five years. Heather is a former Canadian Novice Ladies Champion, Canadian Junior Ladies Silver Medalist, and BC Section Senior Ladies Champion. She has completed her Gold Figure, Gold Freeskate and Gold Dance levels in Canada and the US and has developed National level competitors as well as Provincial and Regional champions. Heather is NCCP Level III certified, working on level IV. In her spare time Heather likes training for her next marathon.



Bruno Delmaestro bruno44@telus.net

A competitive, driven person as well as passionate about skating and seeing skaters reach their potential through hard work, Bruno takes a great deal of pride as a coach and mentor to children for more than 25 years. Figure skating since he was 9 years, Bruno is a former three-time Italian Senior Men's Champion, International medalist, European and World competitor. He has developed National champions for Canada, Finland and Singapore, International medalists, Junior World competitors and has coached at the 12th Chinese National Winter Games. He has been named BC/YT Section Competitive Coach of the Year in 1999, 2001 and 2006 and is a contributor on the Long Term Athlete Development Plan Committee for Skate Canada National Office. He is the Master CanPower Skate Course Conductor for BC and was a contributor to the new program. Bruno is NCCP Level IV certified, working on Level V. In his spare time Bruno likes to study economics and business structures.



Zdenek Pazdirek 604 945 0054 zpazdirek@shaw.ca

Skating since he was three, Zdenek, a hardworking, optimistic skating coach of more than 25 years likes the challenge of working with skaters to help them achieve their personal best. He feels parent involvement is key to ensuring a high caliber of skating and to keep children motivated to succeed. Zdenek, a former lawyer, is a previous two-time Czechoslovakian Senior Men's Champion, Olympic and World competitor and was the principal skater in the European ice show, "Holiday on Ice". He has completed his Gold Figures and Gold Dance levels in Canada and has developed Regional, Provincial and National medalists as well as the 2011 BC Provincial Pre Novice Ladies Champion. Zdenek is NCCP Level III certified, working on Level IV. In his spare time you will find Zdenek enjoying the outdoors on walks with his dogs and vacationing in his favourite place, Hawaii.



Kelly-Lynn Champagne robertfournier@shaw.ca

Skating chose Kelly when she was eight years old and she has never looked back. Competitive, highly energetic yet tough when she needs to be, Kelly loves being on the ice and gets very absorbed in what she is doing. She enjoys working with all skaters and finds it rewarding when she helps a skater master something they have been working on. Kelly is a Skate Canada Gold Medalist in Figures and Freeskate, Senior Silver in Dance and Junior Competitive Singles. She has more than 20 years coaching experience and has developed National champions for Canada, Finland and Singapore, International medalists and Junior World competitors. She is NCCP Level III certified, working on level IV as well as NCCP Level II certified in Pairs and Dance. Kelly is bilingual in English and French. In her spare time Kelly plays in a tennis league and competes in tournaments throughout BC.

MAIL CANSKATE REGISTRATIONS TO

Jim Gill
CanSkate Coordinator
11863 260th St
Maple Ridge, BC V2W 2A7
info@skatecoquitlam.com

Pre-registration is required.
Please **DO NOT** bring your registration with you on the first day.

CanSkate sessions will be held at
Poirier Sport & Leisure Complex (Curling Rink)
633 Poirier Street
Coquitlam, BC

Coquitlam Skating Club
www.skatecoquitlam.com
604-936-0707



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The Coquitlam Skating Club
acknowledges the financial support
of the province of British Columbia

COQUITLAM SKATING CLUB



CANSKATE A LEARN-TO-SKATE PROGRAM



SPRING 2012

SPRING 2012 REGISTRATION FORM

Skater _____
Address _____

City _____ P Code _____
Tel _____
Mobile _____
email _____
Parent / Guardian _____
Parent / Guardian _____
Birthdate (____ / ____ / ____)
 MM DD YYYY
Male ____ / Female ____
Skate Canada # _____
Allergies _____
Health # _____
Emergency Contact _____
Tel _____

FEES

Please circle lesson sets you require

Monday	Friday
Group 1 \$110.00	Group 2 \$121.00
SUBTOTAL	\$ _____
Less 10% Family Discount*	\$ _____
Less 3% if paying by Cash or Cheque	\$ _____
2011-2012 Skate Canada Fee** (if not paid the previous Sep)	\$ 33.00
TOTAL FEES OWING	\$ _____

Credit Card Payments

VISA / MASTERCARD

Card # _____ EXP ____/____

Name on Card _____

Signature _____

Card holder will pay card issuer the above amount (**TOTAL FEES OWING**) pursuant to cardholder agreement.

* Family Discount is applicable when 3 or more CSC family members are registered in CSC programs.

** A non-refundable, mandatory fee of \$33.00 is charged annually by Skate Canada to every registered member in September.

THE PROGRAM

CanSkate is Skate Canada's flagship learn-to-skate program, designed for beginners of all ages. When you sign up for CanSkate you will be in a program that focuses on fun, participation and basic skill development. You will earn badges and other incentives as you learn fundamental skating skills. Lessons are given in a group format and led by an NCCP certified professional coach. Professional coaches are assisted by trained program assistants. The coach to student ratio is a maximum of 1:10. Skaters progress at their own rate and coaches make sessions active using teaching aids, music and a wide variety of activities that create a fun environment and promote learning. CanSkate is the feeder program to all other Skate Canada skating programs.

CanSkate FAQs

Do you take 3 Year Olds?

Yes, we will take three year olds if they are capable of receiving group instruction for 45 minutes and able to be on the ice without a parent. Most three year olds in our program have had some previous ice experience (i.e., if they fall down they can get up by themselves).

Do you teach all levels on all sessions?

Yes, all levels are offered on all sessions for all ages.

Do you have equipment rentals?

No. Skaters must supply their own skates and helmet. Helmets are mandatory for all skaters.

All Skate Canada CanSkate skaters must wear a CSA approved hockey helmet on the ice. Bicycle helmets are not permitted.

How many days should we skate?

For optimum development we recommend twice a week. Skating is a sport where skills are learned by continuous repetition. The more times a skater can repeat a skill in a week, the faster they will progress.

How do refunds work?

The Coquitlam SC does not offer refunds except in the case of medical circumstances. You must miss a minimum number of five (5) consecutive, registered skating days to qualify. A doctor's certificate must be included with your written request for a refund. Medical refunds will be considered on a case-by-case basis by the Board of Directors. If granted, the refund will be pro-rated from the date of the medical documentation.

DATES AND FEES

Mondays* – 4:45-5:30pm

Group 1 Apr 9 – Jun 18
(*no skating May 21)

Fridays – 3:30-4:15pm

Group 1 Apr 13 – Jun 22

OTHER FEES

All skaters must be registered with Skate Canada and pay a \$33.00 annual membership fee. This fee covers a full year of skating from September 2011 - August 2012.

PRE-REGISTERING FOR CANSKATE

Pre-registration is required. Please respect registration deadlines for each lesson set. Fees will not be pro-rated. Late starts will only be accepted at the discretion of the Program Director.

REGISTRATION DEADLINE

CSC members - March 2, 2012

New and out of Club members – March 2, 2012

PAYMENTS

Cheques are payable to the **Coquitlam Skating Club**. Cheque and cash payments receive a 3% discount if registered by the deadline. A \$25.00 charge will be levied on all returned cheques and declined credit cards.

TO REGISTER

Mail your completed Registration Form and payment to:

Jim Gill
CanSkate Coordinator
11863 260th St
Maple Ridge, BC
V2W 2A7