

Skating Calendar of Events (Spring 2010) (dates subject to change)

All Registration Deadline _____ March 15
Last Day to receive 3% DISCOUNT for registration

FIRST DAY OF REGULAR SKATING SESSIONS _____ April 5
FIRST DAY OF DANCE SESSIONS _____ April 6
ONLY Sessions: Open 2:15-3:15 and Jr. Session 3:30-4:45 _____ April 16
ONLY Sessions: Open 2:15-3:15 and Intermediate Session 3:30-4:45 _____ May 21
ONLY: Sessions Open 2:15-3:15 and Senior Session 3:30-4:45 _____ June 16

AWARDS BANQUET (Time TBA) _____ April 24
AGM (Time & Place TBA) _____ April 29
VICTORIA DAY COMPETITION _____ May 21
VICTORIA DAY, NO SKATING _____ May 24

LAST DAY OF REGULAR SKATING SESSIONS _____ June 16

Spring 2010

Coquitlam Skating Club

Early Figure Skating Academy
Competitive Skate (Junior,
Intermediate and Senior)
Dance

April 5 — June 16

Member Registration Deadline March 15

Out of Club Deadline March 15

ALL SESSIONS AT PLANET ICE

**Members register by March 15 and receive a
3% discount on program fees**



Session Qualifications

Early Figure Skating Academy: Entrance to the program is by invitation or audition (see our website for more information on auditions www.skatecoquitlam.com). The Early Figure Skating Academy provides young skaters the opportunity to jumpstart their figure skating by teaching them skating skills in a figure skating environment. Divided into three levels, this program teaches children skating fundamentals including edges, turns, stops, spins and jumps. Instructed entirely by our NCCP certified professional coaches, skaters will receive both group lessons and individual attention during practice time. Skaters will also be given their own program set to music. Upon completion of the third level of the program, skaters will be able to spin in two different positions, perform at least two single rotation jumps, and be ready to enter the Skate Canada Star Skate Program (if they haven't already started).

Junior: These sessions are for skaters in the Early Figure Skating Academy program and those working on their first free skate, skills, and dance tests (Preliminary level). Except where indicated (see registration form for details), the session cost is for ice only. Skaters must arrange lessons with the professional coach of their choice prior to booking ice with the club. For more details on how to purchase ice/arrange lessons with a coach and other information, please see our website at www.skatecoquitlam.com or the Club Handbook. Skaters at this level are eligible to register for all Junior, Open and Junior Dance sessions.

Intermediate: These sessions are for those skaters who have passed the Junior Bronze (Pre-Juvenile) to Pre-Novice (Junior Silver) Free Skate Test.

Senior: These sessions are for those skaters who have passed the Novice Competitive Test or the Sr. Silver Free Skate Test.

Junior Dance: for those skaters up to the Junior Silver Dance Level

Senior Dance: for those skaters who have passed their Junior Silver Level Dances.

Open Dance: for skaters of all levels of dance

ICE DANCERS PLEASE REGISTER BY THE DEADLINE DATE TO ENSURE THE SESSION IS NOT CANCELLED DUE TO LOW REGISTRATION.

Off-Ice Conditioning Classes: An integral part of any skating program. Early Figure, Junior Intermediate and Senior off-ice classes will be conducted by Sheri Delmaestro. If you are interested in participating in these classes, please contact Sheri at (604) 461-5171, or email shergirl66@hotmail.com.

Coquitlam Skating Club Coaches

Heather Austman	(604) 942-7335	Kelly-Lynn Champagne	(604) 990-4006
Bruno Delmaestro	(604) 461-5171	Zdenek Pazdirek	(604) 945-0054
Eileen Murphy	(604) 985-9677		
Sheri Delmaestro (Off-Ice)	(604) 461-5171		

Freelance Coaches

Freelance coaches are welcome to coach on any of our Open, Competitive and Dance sessions. Interested coaches should contact Kim Horobec at (604) 942-5746 and provide the club with the following documentation: NCCP, First Aid, Proof of registration with Skate Canada.

Dance Freelance

Graham Casey (604) 946-1717
Rob Woodley (604) 626-1378
David Gibson (604) 594-3363

Choreography/ Freeskate Freelance

Karen DesLauriers (604) 594-2980
Karena Pazdirek (604) 945-0054

Spring 2010
April 5 - June 16 2010

✳️Registration and Fee Information for all programs.

Deadline for In-Club Registration is March 15, 2010, Deadline for Out of Club Registration is March 15, 2010 Registrations may be dropped off at the Annex Arena until March 5, 2010 at 5:00pm. Please do not leave cash. After that they must be mailed directly to the registrar. Registrations that are left at the arena after March 5, 2010 at 5:00 pm will not be processed until April and deadline discounts will not apply. **Registrations that are in the hands of the registrar by 5:00pm on March 15, 2010 will receive a 3% discount on their program fees.** Please note that changes to schedules will be permitted until Saturday, April 12, 2010, but initial registration materials MUST be received by the deadline to qualify for the program fee discount. Families with three or more members participating in skating programs are also eligible for a 10% discount if their registration is received by March 15, 2010 by 5:00 P.M.

See attached insert for special skating packages for Juniors, Intermediates and Senior skaters. These packages are only applicable for the spring sessions April 5-June 16, 2010..

✳️ Skaters wishing to **SKATE UP OR DOWN** on sessions must make a written application to the Board of Directors indicating the sessions being requested. All requests must also be accompanied by a letter of support from the skater's coach. Requests will be considered by the Board and Club Coaching Staff at a **March 2010** meeting and applicants will be notified by the Club Registrar regarding their status. Decisions of the Board will apply to the Spring 2010 Season only. Skaters are reminded that they may only apply to skate up or down one TEST level, however they will be considered to skate up or down one SESSION level under certain circumstances.

✳️All skaters must be registered with Skate Canada for the 2009-2010 skating year and include \$32.00 with their registration (unless paid to another Skate Canada Club, or unless paid in September 2009).

✳️Members Handbook & Ethics Forms: A new Member's Handbook is available on our club website at www.skatecoquitlam.com. The handbook contains detailed program information and club policies. The Skater and Parent Code of Ethics Form will be distributed for agreement to all new club skaters. It must be signed and returned to the club within the first week of regular skating sessions.

✳️REGISTRAR : Mrs Sherri Ellsworth
20787 River Road
Maple Ridge, BC
V2X 1Z8
Email: info@skatecoquitlam.com

For registration questions leave a message on our "MESSAGE PHONE LINE" 604-936-0707 or email sherri00@telus.net.

All skating Sessions to be held at Planet Ice 2300 Rocket Way, Coquitlam, B.C.

REGISTRATION DEADLINE: March 15, 2010. FIRST PRIORITY is to Coquitlam Club Members registered By March 15, 2010.