

Skating Calendar of Events (Spring 2009) (dates subject to change)

All Registration Deadline _____ March 13
Last Day to receive 3% DISCOUNT for registration _____

EXTRA ICE: 3:45-4:45 no test to Juvenile _____ March 23-27 & 30 & 31
EXTRA ICE: 5:00-6:00 Pre-Novice to Senior _____ March 23-27 & 30 & 31
EXTRA ICE: 3:30-4:30 no test to Juvenile _____ April 1
EXTRA ICE: 4:45-5:45 Pre-Novice to Senior _____ April 1
EXTRA ICE: 3:30-4:15 no test to Juvenile _____ April 2
EXTRA ICE: 4:15-5:15 Pre-Novice to Senior _____ April 2
EXTRA ICE 2:15-3:30 Open Session _____ April 3
EXTRA ICE 3:45-4:45 Pre-Novice to Senior _____ April 3

FIRST DAY OF REGULAR SKATING SESSIONS _____ April 6
FIRST DAY OF DANCE SESSIONS _____ April 7
NO SKATING TODAY _____ April 17 & 18
AWARDS BANQUET (Time TBA) _____ April 18
AGM (Time & Place TBA) _____ April 29
VICTORIA DAY COMPETITION _____ May 14-17
VICTORIA DAY, NO SKATING _____ May 18
HIGH TEST DAYS _____ May 30-31
HIGH TEST DAYS _____ June 6, 7, 13 & 14
LAST DAY OF REGULAR SKATING SESSIONS _____ June 13

EXTRA ICE: 3:45-4:45 no test to Juvenile _____ June 15, 17 & 19
EXTRA ICE: 5:00-6:00 Pre-Novice to Senior _____ June 15, 17 & 19
EXTRA ICE: 4:45-7:45 Team Fun Day (watch for sign up sheet on bulletin board) _____ June 16
EXTRA ICE: 3:45-4:30 no test to Juvenile _____ June 18
EXTRA ICE: 4:30-5:15 Pre-Novice to Senior _____ June 18

Spring 2009

Coquitlam Skating Club

**Early Figure Skating Academy
Competitive Skate (Junior,
Intermediate and Senior)
Dance**

**April 6 -- June 13
Member Registration Deadline March 13
Out of Club Deadline March 13**

**Members register by March 13 and receive a
3% discount on program fees**



Registration and Fee Information for all programs.

Deadline for In-Club Registration is March 13, 2009. Deadline for Out of Club Registration is March 13, 2009 Registrations may be dropped off at the Annex Arena until 13, 2009 at 5:00pm. Please do not leave cash. After that they must be mailed directly to the registrar. Registrations that are left at the arena after March 13, 2009 at 5:00 pm will not be processed until April and deadline discounts will not apply. **Registrations that are in the hands of the registrar by 5:00pm on March 13, 2009 will receive a 3% discount on their program fees.** Please note that changes to schedules will be permitted until Saturday, April 18, but initial registration materials MUST be received by the deadline to qualify for the program fee discount. Families with three or more members participating in skating programs are also eligible for a 10% discount if their registration is received by March 13, 2009 by 5:00 P.M.

See attached insert for special skating packages for Juniors, Intermediates and Senior skaters. These packages are only applicable for the spring sessions April 6- June 13, 2009.

Skaters wishing to SKATE UP OR DOWN on sessions must make a written application to the Board of Directors indicating the sessions being requested. All requests must also be accompanied by a letter of support from the skater's coach. Requests will be considered by the Board and Club Coaching Staff at a **March 2009** meeting and applicants will be notified by the Club Registrar regarding their status. Decisions of the Board will apply to the Spring 2009 Season only. Skaters are reminded that they may only apply to skate up or down one TEST level, however they will be considered to skate up or down one SESSION level under certain circumstances.

All skaters must be registered with Skate Canada for the 2008-2009 skating year and include \$31.00 with their registration (unless paid to another Skate Canada Club, or unless paid in September 2008).

Members Handbook & Ethics Forms: A new Member's Handbook is available on our club website at www.skatecoquitlam.com. The handbook contains detailed program information and club policies. The Skater and Parent Code of Ethics Form will be distributed for agreement to all new club skaters. It must be signed and returned to the club within the first week of regular skating sessions.

REGISTRAR: Mrs Sherri Ellsworth
20787 River Road
Maple Ridge, BC
V2X 1Z8

Email: info@skatecoquitlam.com

For registration questions leave a message on our "MESSAGE PHONE LINE" 604-936-0707 or email sherri00@telus.net.

Session Qualifications

Early Figure Skating Academy: Entrance to the program is by invitation or audition (see our website for more information on auditions www.skatecoquitlam.com). The Early Figure Skating Academy provides young skaters the opportunity to jumpstart their figure skating by teaching them skating skills in a figure skating environment. Divided into three levels, this program teaches children skating fundamentals including edges, turns, stops, spins and jumps. Instructed entirely by our NCCP certified professional coaches, skaters will receive both group lessons and individual attention during practice time. Skaters will also be given their own program set to music. Upon completion of the third level of the program, skaters will be able to spin in two different positions, perform at least two single rotation jumps, and be ready to enter the Skate Canada Star Skate Program (if they haven't already started).

Junior: These sessions are for skaters in the Early Figure Skating Academy program and those working on their first free skate, skills, and dance tests (Preliminary level). Except where indicated (see registration form for details), the session cost is for ice only. Skaters must arrange lessons with the professional coach of their choice prior to booking ice with the club. For more details on how to purchase ice/arrange lessons with a coach and other information, please see our website at www.skatecoquitlam.com or the Club Handbook. Skaters at this level are eligible to register for all Junior, Open and Junior Dance sessions.

Intermediate: These sessions are for those skaters who have passed the Junior Bronze (Pre-Juvenile) to Pre-Novice (Junior Silver) Free Skate Test.

Senior: These sessions are for those skaters who have passed the Novice Competitive Test or the Sr. Silver Free Skate Test.

Junior Dance: for those skaters up to the Junior Silver Dance Level

Senior Dance: for those skaters who have passed their Junior Silver Level Dances.

Open Dance: for skaters of all levels of dance

ICE DANCERS PLEASE REGISTER BY THE DEADLINE DATE TO ENSURE THE SESSION IS NOT CANCELLED DUE TO LOW REGISTRATION.

Off-Ice Conditioning Classes: An integral part of any skating program. Early Figure, Junior Intermediate and Senior off-ice classes will be conducted by Sheri Delmaestro. If you are interested in participating in these classes, please contact Sheri at (604) 461-5171, or email sherigi66@hotmail.com.

Coquitlam Skating Club Coaches

Heather Austman	(604) 942-7335	Kelly-Lynn Champagne	(604) 990-4006
Bruno Delmaestro	(604) 461-5171	Zdenek Pazdirek	(604) 945-0054
Eileen Murphy	(604) 985-9677	Rod Mackie	(604) 299-4164
Sheri Delmaestro (Off-Ice)	(604) 461-5171		

Freelance Coaches

Freelance coaches are welcome to coach on any of our Open, Competitive and Dance sessions. Interested coaches should contact Kim Horobec at (604) 942-5746 and provide the club with the following documentation: NCCP, First Aid, Proof of registration with Skate Canada.

Dance Freelance

Graham Casey	(604) 946-1717
Rob Woodley	(604) 626-1378
David Gibson	(604) 594 -3363

Choreography/ Freeskate Freelance

Karen DesLauriers	(604) 594-2980
Karena Pazdirek	(604) 945-0054
Hjordis Lee	(778) 823-2010